

**I. CATALOG DESCRIPTION:**

- A. Department Information:  
Division: Humanities  
Department: Speech and Performing Arts  
Course ID: DANCE 114x4  
Course Title: Dance Rehearsal and Performance  
Units: 4  
Lecture: 2 Hours  
Laboratory: 6 Hours  
Prerequisite: None
- B. Catalog and Schedule Description:  
Instruction and supervision of rehearsal and performance in various dance productions.  
ENROLLMENT IN THIS CLASS IS CONTINGENT WITH AN AUDITION FOR A CURRENT DANCE PRODUCTION. This course may be taken four times.

**II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: Four**

**III. EXPECTED OUTCOMES FOR STUDENTS:**

Upon completion of the course the student should be able to:

- A. Develop and demonstrate the strength, coordination, and rhythmic ability needed to rehearse and perform the dances in which they are cast.
- B. Apply an understanding of rehearsal discipline such as preparation, cooperation, commitment, and punctuality.
- C. Explore and integrate performance skills such as focus, characterization and projection, and apply these skills to a stage performance
- D. Recognize and analyze the technical needs of dance in lighting, sound, and costuming and discuss these needs with technical designers and directors.
- E. Formulate and express an increased awareness of the artistic discipline of dance
- F. Develop an understanding of the live stage in production
- G. Demonstrate the ability to follow directorial directions and critiques
- H. Develop an awareness of the voice and how it must be used in performance
- I. Distinguish between the various theatre production roles and techniques  
Because students may take the course four times, an iteration of objectives for each repeatability may include:
  - J. First repetition of course: member in a group dance number;
  - K. Second repetition of course: minor individual dance number;
  - L. Third repetition of course: Minor or major dancing number, possibility of production role;
  - M. Fourth repetition of course: Major dancing number, possibility of production role.

**IV. COURSE CONTENT:**

- A. Body dynamics
  1. Relaxation
  2. Concentration
- B. Mental centering
  1. Imagination
  2. Improvisation
- C. Rehearsal
  1. Dance role analysis
  2. Dance improvisation
  3. Ensemble dance
  4. Working with a director/artistic leader
- D. Performance
  1. Preparation for the first performance
  2. Sustaining the role for many performances

- E. Production
  - 1. Analysis of production activity
  - 2. Preliminary discussions
  - 3. Production area layout
  - 4. Production area first design
- F. Production/Assignment Development
  - 1. Production design justification
  - 2. Production mockup or layout
  - 3. Production assignment organizer
  - 4. Production assignment discussions
  - 5. Production concept evaluation
- G. Rehearsals
  - 1. Evaluation of concepts and physical items in use
  - 2. Theme and enhancement of physical objects during rehearsal
  - 3. Development of procedures leading to the performance/use of production area
- H. Performance
  - 1. Effectiveness of production design/function
  - 2. Sustaining the production activities for a series of performances
- I. Emotional Response
  - 1. Identifying emotions appropriate for dance role
  - 2. Searching within for emotional reproduction
  - 3. Identifying emotional triggers
  - 4. Identifying appropriate amounts of emotional portrayal

**V. METHODS OF INSTRUCTION:**

- A. Lecture
- B. Modeling
- C. Video analysis
- D. Observation
- E. Journaling

**VI. TYPICAL ASSIGNMENTS:**

- A. Observation: Sit for an hour in a public place such as a park, an airport, or a mall and watch people's movements. Prepare a 4-6 page paper detailing your observations, paying special attention to the dynamics discussed in class.
- B. Analysis: Prepare a written analysis of the dance role you have been assigned. Be sure to address the purpose in the production, the physical requirements for your performance, and detail your plan for representing those attributes in your performance.
- C. Performance: Using your written analysis as research, keep a journal of your activities, thoughts, and emotions as you perform the dance routine on a regular basis. Discuss the adjustments you make along the way as well as your techniques for sustaining the performance.
- D. Production: Prepare a directorial plan for the upcoming production. Be sure to include a detailed description of your artistic vision as well as your plans for helping your vision become reality. Also include a discussion of responses you need from the dancers so their performances support your vision.

**VII. EVALUATION(S):**

- A. Methods of evaluation:
  - 1. Objective evaluation of students' comprehension of course concepts.
  - 2. Subjective evaluation of students' performances: Students are evaluated on their ability to appropriately perform their assigned dance roles, their ability to follow directorial directions, and their ability to apply course concepts.

- B. Frequency of evaluation:
  - 1. At least two examinations of course concepts
  - 2. At least one performance (minor or major) in a performance
- C. Typical Exam Question: List and explain the important concepts and techniques involved in dance improvisation.
- D. As students repeat the course, they are evaluated in their ability to demonstrate increasing difficulty in the routines they have been assigned.
  - 1. If in a dancing role, evaluation includes ability to perform routines as appropriate (ensemble or individual), take direction, and demonstrate discipline in rehearsals.
  - 2. If in a production role, evaluation includes development of artistic precepts, organization of production details, execution of design, visual effectiveness and auditory effectiveness, use of production item in rehearsal, and effectiveness of the production area in performance.

**VIII. TYPICAL TEXT(S):** No textbooks are required for this course. Each version of the course uses the script for the performance to be conducted. Past scripts have included:

- 1. *Rocky Horror Show*
- 2. *Twilight Los Angeles*
- 3. *Our Town*
- 4. *Reckless*
- 5. *One Flew Over the Cuckoo's Nest*
- 6. *The Life*
- 7. *Godspell*
- 8. *Jesus Christ Superstar*
- 9. *Grease*
- 10. *Sweet Charity*
- 11. *West Side Story*

**IX. OTHER SUPPLIES REQUIRED OF STUDENTS:** None